

# THIS FLU SEASON

## YOU COULD BE ELIGIBLE FOR A FREE NHS FLU VACCINATION

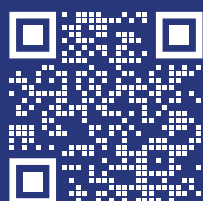
Those who are eligible to get a free NHS flu vaccination in 2026/27 include:

- People aged **65 years and over**
- Individuals aged **6 months to under 65 years** in **clinical risk groups**
- People who are **pregnant**
- All children **aged 2 and 3 years** on 31 August 2026
- **School-aged children** (Reception to Year 11), even if not in school
- Residents of long-stay **residential care homes**
- **Carers** in receipt of **carer's allowance**, or the **main carer** of an elderly or disabled person
- Close **contacts of immunocompromised** individuals
- **Frontline workers** in social care settings without an employer-led occupational health scheme

Speak to a member of staff today to see if you are eligible for a free NHS flu vaccination.

If you get any side effects, talk to your doctor, pharmacist, or nurse.  
You can also report side effects directly via the Yellow Card Scheme  
Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

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Scan the QR code to visit [fluandyou.co.uk](http://fluandyou.co.uk) for further information on flu.

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